



ONLINE THERAPY CONSENT

Dr. MARTY MCFLY

drmartymcfly.com

DEFINATION OF ONLINE THERAPY

Online therapy is a form of psychotherapy service that provides mental health services and support over internet with the use of video and audio communications.

Online therapy also includes the practice of psychological healthcare delivery, diagnosis, consultation, treatment, referral to resources, education and the transfer of medical and clinical data.

RIGHT AND RESPONSIBILITIES OF THE CLIENT

I, as the online counseling client, hereby acknowledge and understand that:

- I will use a smartphone or webcam during online sessions.
- I will use a quiet and private place free from distractions.
- I will use a secure internet connection and not a public Wi-Fi connection.
- I will be on time to the sessions. If I need to cancel or change my appointment, I will notify the therapist in advance by phone or e-mail.
- Together with the psychologist, we will have a back-up plan to restart the session or to reschedule it in case of a technical problem. We will also have a safety plan that includes at least one emergency contact and closest emergency room to my location in the event of a crisis situation.
- I will confirm with my insurance company that the online therapy sessions will be reimbursed; otherwise I will be responsible for full payment.
- The laws regarding privacy and personal data protection applies to my personal and confidential information I willingly disclose during the online therapy sessions. As the privacy and confidentiality legislations also apply to online therapy, neither I, nor the Counsel shall record the session without permission.
- There are mandatory and permissive exceptions for the privacy and personal data protection legislations that give the psychologist the right or duty to disclose my confidential information and they are including but not limited to situations such as;
 - Reporting child, elder or dependent adult abuse,
 - Expressed threats of violence toward an ascertainable victim,
 - Detailed planning or concrete signs of future suicide attempts,
 - Sharing information is necessary to facilitate client care across multiple providers,
 - Sharing information is necessary for the treatment
 - Requests from legal and administrative institutions

- The dissemination of any personally identifiable images or information from the online therapy interaction to other entities shall not occur without my written consent.
- I have the right to withhold or withdraw my consent to the use of online therapy in the course of my care at anytime without affecting my future care or treatment.
- There are risks and consequences from online therapy, including, but not limited to, the possibility, despite reasonable efforts on the part of the psychologist, that the transmission of my personal information could be disrupted or distorted by technical failures, the transmission of my personal information could be interrupted by unauthorized persons, and/or the electronic storage of my personal information could be unintentionally lost or accessed by unauthorized persons.

Please Note:

If the Client is not an adult, a parent or a legal guardian needs to give permission for the Client to participate in online therapy sessions.

I have read, understand and agree to the information provided above regarding online therapy.

I consent to receiving online therapy from _____.

Client's Full Name _____

Client's Signature _____

Therapist's Full Name _____

Therapist's Signature _____

Parent or Legal Guardian's Full Name _____

Parent or Legal Guardian's Signature _____

DATE _____



This document is a PDF copy of **Online Therapy Consent** template. You can edit it with **Jotform Sign** and convert to an eSign document with **Jotform Sign**.



Learn More About Jotform PDF Products

Jotform offers powerful PDF solutions. Check them out below.

Jotform PDF Editor

Turn form submissions into PDFs automatically ready to download or save for your records.

jotform.com/products/pdf-editor/



Smart PDF Forms

Convert your PDF files into online forms that are easy to fill out on any device.

jotform.com/products/smart-pdf-forms/



Jotform Sign

Collect e-signatures with Jotform Sign to automate your signing process.

jotform.com/products/sign/



These templates are suggested forms only. If you're using a form as a contract, or to gather personal (or personal health) info, or for some other purpose with legal implications, we recommend that you do your homework to ensure you are complying with applicable laws and that you consult an attorney before relying on any particular form.